

## Articles to help improve students' focus:

"Why Single Tasking Makes You Smarter? By Sandra Chapman http://www.forbes.com/sites/nextavenue/2013/05/08/why-single-tasking-makes-you-smarter/

"A Case for Single Tasking: The One-Task-At-A-Time Method" lifehacker.com http://lifehacker.com/5646560/the-one-task-at-a-time-method-increased-efficiency-in-a-multitasking-world

## **Selfies:**

Calling attention to the silliness of excessive selfies:

"20 Reasons Catsies Are Better Than Selfies" http://www.buzzfeed.com/virginmobilelive/reasons-catsies-are-better-than-selfies

Or, find ways to use them!

"Check Out That Selfie: How to Use Social Media in the Classroom" <a href="http://www.usnews.com/news/articles/2014/01/17/check-out-that-selfie-how-to-use-social-media-in-the-classroom">http://www.usnews.com/news/articles/2014/01/17/check-out-that-selfie-how-to-use-social-media-in-the-classroom</a>? cid=rss:check-out-that-selfie-how-to-use-social-media-in-the-classroom

## **Digital Citizenship:**

"The Definition Of Digital Citizenship"

http://www.teachthought.com/technology/the-definition-of-digital-citzenship/

"5 Reasons You Should Be Teaching Digital Citizenship"

http://www.teachthought.com/technology/5-reasons-you-should-be-teaching-digital-citizenship/

Nine Themes of Digital Citizenship

http://www.digitalcitizenship.net/Nine\_Elements.html

## For Parents:

"Top 5 Parenting Tips for Managing Kid's Technology Use" <a href="http://www.parenting.org/article/top-5-strategies-for-parents-on-managing-kids-technology-use#sthash.5D841Qw5.dpuf">http://www.parenting.org/article/top-5-strategies-for-parents-on-managing-kids-technology-use#sthash.5D841Qw5.dpuf</a>